

Conf-IRM Cooking Thursday Menu



INGREDIENTS:

wiener schnitzel:

200 grams meat (trad. calf alt. pork/chicken)
1 egg
100 grams flour (smooth)
100 grams breadcrumbs (rolls)
rapeseed oil (or other frying oil)
one lemon
salt & pepper

parsley potatoes:

250 g potatoes (greasy)
parsley (dried or fresh)
butter

salad:

1 leaf lettuce (for example: main salad)
1 alt. mixed salad (maybe, makes a nice colour)
1 package rucola (makes the salad "stiffer" nicer to shape)
5 cherry tomatoes
vinegar
oil (could be Oliveoil depends on your taste)

Equipment:

4 x plates (3 for breading, 1 for serving)
1 x kitchen clamps
2 x pans
1 x pot (for cooking potatoes)



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INGREDIENTS:

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125 ml milk
3 tablespoons flower
3-4 eggs (depending on size)
20-30 grams raisins
100 ml brandy (for flambeing)
butter

raspberry sauce:

1 pack frozen berries (can be raspberries, can be a mix)
20 grams sugar
1 pack (10g) constarch

Equipment:

1 x pan
1 x bowl (for mixing the ingredients)
1 x whisk
1 x spatula
1 x ladle
1 x (hand) mixer (can be both)

